



A New Approach to Your Health & Wellness!

Make this the year you take a new approach to your health and wellness!

Your Questions Answered!

Q: What is Highway to Health?

A: Highway to Health is a program that provides a yearly physical exam, labs, additional health screening services, and one-on-one support to help you reach your health goals with an emphasis on prevention. This package also includes insurance billing, meaning no out-of-pocket expense for you!

Q: Do I have to have a physical to get the discounted prices on blood work?

A: No! You can still take advantage of the discounted labs without participating in the Highway to Health program.

Q: Why are labs now packaged instead of individual choices?

A: Labs have been packaged in order to provide a more accurate picture of your health for both yourself and your provider!

Q: Do I have to go to a family practice clinic to have my blood drawn?

A: Yes; all draws will take place at MHCC Family Practice Clinics. You will need to schedule an appointment at your clinic of choice.

Q: The PSA and AIC are now included in the Basic Panel. What if I don't need those labs and insurance doesn't cover the expense?

A: MHCC will absorb the cost of labs not covered by insurance.

Q: If I choose the Highway to Health option but would also like to have labs offered in one of the premium packages, how much will I have to pay?

A: You will be responsible for paying the difference in the cost of the premium package versus the basic package. Example: Female Premium Package costs \$295.00; your balance would be \$230.00. Additional labs selected will be cash pay only; insurance will not be billed for these.



Additional Information:

Due to the changed format, these services will be starting later in the year than what has been offered in the past. MHCC has contracted with HF Sinclair and will begin services for their employees and dependents March 13th, 2023. Based on the number of individuals this involves, scheduling will be available to community members effective May 1st, 2023. Looking ahead to 2024, individuals will be able to schedule an annual physical and blood draw, or just blood draws, at any time of the year that works best for them!

Did you know?

Our Basic Lab Package costs less than HALF of what Wyoming Health Fair charges for the same labs!

Our Premium Lab Package saves you more than \$129.00 compared to the same labs through Wyoming Health Fairs!